

THE HAZEL NUT: God showed me a little thing, the size of a hazelnut, lying in the palm of my hand and I looked upon it and wondered, “What might this be?” And I was answered, “It is all Creation.” I marvelled how it could last, for I thought it might suddenly fall to nothing, it was so small. And I was answered, “It lasts and ever shall last, for God loves it.” In this little hazelnut I saw three truths: the first is that God made it; the second is that God loves it; and the third is that God keeps it safe.



JULIAN OF NORWICH (1342-1416)

THIS WEEK

POSITIVE AGEING WEEK runs from 26 Sept to 3 Oct: see WWW.AGEACTION.IE

WED 1 OCTOBER, St Thérèse of Lisieux: she said that what matters in life is not great deeds, but great love.

THURS 2, THE GUARDIAN ANGELS. Remember your special protector today: *O angel of God, my guardian dear, To whom God's love commits me here! Ever this day, be at my side to light and guard, to rule and guide.*

SAT 4, ST FRANCIS OF ASSISI, deacon, patron of ecology. The Season of Creation ends on his feast day every year.

FINANCE CORNER FOR 21 SEPT (WITH PRIESTHOOD EDUCATION COLLECTION)

AUGHADOWN: €605 (plus €475)

CASTLEHAVEN: €965 (plus €490)

RATH & THE ISLANDS: €775 (plus €385).

SKIBBEREEN: €1415 (plus € 980)

☆ POINT TO PONDER ☆

‘It is not they who have many possessions who are rich but they who have no needs.’ — EPICTETUS

CLERGY

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USEFUL CONTACT NUMBERS

Alcoholics Anonymous in West Cork: 087 611 4946.

Pieta Hse Helpline 1800 247 247; or text **HELP** to 51444.

St Vincent de Paul, Skibbereen: 087 918 2698

Samaritans: 116 123 free.

Women against Violence Helpline 1800 203 136

FAMILY OF PARISHES OFFICE

TO BOOK MASSES, ARRANGE WEDDINGS, BAPTISMS, ANNIVERSARIES, ETC.

CONTACT THE FAMILY OF PARISHES' OFFICE, 1 NORTH ST, SKIBBEREEN.

Open: Monday, Wednesday, Thursday & Friday: 10 am -1 pm

• Phone **028-22828** • EMAIL stciaranasFOP@gmail.com •



St Ciarán & All Saints
FAMILY OF PARISHES

NEWSLETTER

(for the parishes of Aughadown, Castlehaven & Myross, Kilmacabea, Rath & The Islands, and Skibbereen)

SUNDAY 28 SEPT 2025
26TH SUNDAY
VOL 4: 4

‘**T**hat’s it. Walk, don’t run.

Slow down, breathe deeply, and open your eyes because there’s a whole world right here within this one. The bush doesn’t suddenly catch on fire, it’s been burning the whole time. Moses is simply moving slowly enough to see it. And when he does, he takes off his sandals. Not because the ground has suddenly become holy, but because he’s just now becoming aware that the ground has been holy the whole time. Efficiency is not God’s highest goal for your life, neither is busyness, or how many things you can get done in one day, or speed, or even success. But walking, which leads to seeing, now that’s something. That’s the invitation for every one of us today, and every day, in every conversation, interaction, event, and moment: to walk, not run. And in doing so, to see a whole world right here within this one.’

This reflection for the SEASON OF CREATION is by Rob Bell, an American author, speaker, playwright, musician and former pastor (www.Robbell.com).



Skibbereen Parish News

Contact numbers: Parish Office 028 22828. Priest on duty/emergency 086 785 2262.

Submitting items for inclusion in the parish newsletter – Please email Skibbereen Parish Office: skibbereenparish@gmail.com no later than 5pm Wednesday

Mass Intentions from Saturday 27 September 2025

Saturday – 6.30pm	Jimmy O'Mahony, Newcestown. Jim O'Regan. Catherine Hickey, Schull Road and her sister Betty Holland, Boston.
Sunday – 11am	Josie Dempsey, Shepperton. Hugh Quinn, First Anniversary. Joe Coughlan, Skibbereen and Ballydehob. Young People in the Church.
Monday – 9.30am	Special Intention.
Tuesday – 9.30am	No Mass
Wednesday	Derry Browne.
Thursday – 9.30am	Maurice Murphy, Drishanebeg
Friday – 9.30am	Tony Salter, Drishanemore. Agnes O'Mahony, Curragh. Mary Kelly, Pound Hill, Month's Mind.
Saturday – 6.30pm	The Nolan family, Galway. John and Mary Newman, Ilen villas. JJ (Derry) O'Donovan, North Street.
Sunday – 11am	

We extend our condolences to the families of Ciara O'Driscoll (née Joyce) Skibbereen and Oughterard, Galway
Stephen McCarthy, Riverstick and Skibbereen
and Bernard Collins, Shepperton, Castehaven
who died recently. May they Rest in Peace.

We welcome into our faith community Fionn McNamara Murphy, Australia, son of Martin and Caroline
and Hailey Stacy O'Sullivan, Bantry, daughter of Michael and Samantha
who were baptised in St Patrick's Cathedral on 20 September.

Weekday Masses Monday, Tuesday, Thursday and Friday at 9.30am.
The **Rosary** is prayed before each Mass and on **Thursday** it is said for the special intention of vocations to the Diocesan Priesthood.

Adoration of the Blessed Sacrament in the **Cathedral** every Monday and Friday from **10am to 6pm**. There are scheduled hours available for adoration, but all are welcome for any period of time.

Rosary every **Tuesday at 8pm** at **Our Lady's Grotto**, Cork Road, Skibbereen. All welcome.

Confessions every Saturday **10am to 11am**.

Hospitality Morning in the Presbytery **Monday** after the 9.30am Mass.

Please hand your completed nomination form for the new Parish Pastoral Council into the Sacristy by **Monday 29 September 2025**. Nomination papers are available at the back door of the Cathedral.

First Friday Vigil in St Patrick's Cathedral, on third October **8pm to 12 midnight**. It includes adoration, confession, benediction, and devotional prayers to the Sacred Heart with **Mass at 10pm**. Everyone is welcome.

St Patrick's Cathedral Bicentenary - If you would like to follow the progress of the conservation work at the Cathedral please log into the bicentenary conservation Instagram page: [stpatrickscconservation](https://www.instagram.com/stpatrickscconservation?igsh=MXd0cnd3a3U4MG1yaQ==)
<https://www.instagram.com/stpatrickscconservation?igsh=MXd0cnd3a3U4MG1yaQ==>

Be Active Be Well Programme - Skibbereen Library, starting **Thursday 2 October, 10am – 12 noon** - A free four-week programme to help you make positive changes to move more and feel better. You will discover what motivates you and how you make a plan to get more active - for adults who are not currently active. To book a place please ring **Claire on 087 1881663** or pick up an application form in the library.



Parish Office, Skibbereen - 028/22828 – Mon/Wed/Thurs/Fri – 10am to 1pm.

Priest on Duty/Emergency – 086/7852262

Mass Intentions

Saturday 27th September

4.45pm Sherkin

Sunday 28th September – Twenty Sixth Sunday in Ordinary Time

9.30am Rath – Donal Sheehy, Ballylynch

Barty Scully and the deceased members of the Scully family, Creagh

10.00am Cape Clear

Monday 29th September – 10am Rath – John & Betty Finn, Riverdale

Wednesday 1st October – 10am Rath – Ailbhe Gallagher

Saturday 4th October

4.45pm Sherkin

Sunday 5th October – Twenty Seventh Sunday in Ordinary Time

9.30am Rath –

10.00am Cape Clear

Weekday Masses – Mass on Monday 28th September and Wednesday 1st October at **10am**.

Eucharistic Adoration in Sacred Heart Church, Rath on Wednesday evenings from 7pm-9pm. All are welcome even if only for ten minutes, half an hour or an hour to spend time with the Blessed Sacrament.

Adoration of the blessed sacrament in the Cathedral every Monday and Friday from 10am to 6pm. There are scheduled hours available for adoration but all are welcome for any period of time.

"By being faithful to a Holy Hour of Adoration you can teach by example. The young should be taught the value of Eucharistic Adoration." St Pope John Paul II

Rosary every Tuesday at 8pm at Our Lady's Grotto, Cork Road, Skibbereen. All welcome.

New Parish Pastoral Council

After three years the present Parish Pastoral Council for Rath and the Islands is coming to the end of its term. I wish to thank all the members of the outgoing Council for all their commitment and work over the last three years.

The process is now in place for forming the new Parish Pastoral Council for Rath and the Islands. Nomination papers will be handed out at Mass this weekend. A Member of the present Council will be speaking at Mass about their experience of being on the Council this Sunday.

As we move forward and continue to develop our Family of Parishes it is more important than ever that people will make themselves available for the very important work on our new Parish Pastoral Council. I earnestly invite you to take a nomination form that contains a lot of information and seriously consider becoming a member. Fr Kevin.

The Feast of St Finbarr, Patron of Cork and one of the patrons of the Diocese of Cork and Ross is celebrated this year on today Sunday 28th September in Gougane Barra.

This year is particularly significant because St Finbarr's Oratory in Gougane Barra is the designated place of Jubilee pilgrimage during this Jubilee Year of Hope.

Confessions will be available from 1.30pm. The Rosary will be prayed at 2.30pm. The Principal Celebrant of the Concelebrated Mass at 3pm will be Bishop Fintan Gavin.

It is also possible to receive a special Jubilee indulgence by participating in Gougane Sunday.

One of the spiritual gifts of the Jubilee Year is the opportunity to receive a plenary indulgence, which is a special grace for the forgiveness of temporal punishment due to sin. Pope Francis outlined the three main ways to receive the indulgence conditions for obtaining this indulgence when he inaugurated the Jubilee Year:

Those who attend at Gougane Barra on Sunday 28th and also fulfil these three conditions will receive the special plenary indulgence:

- Sacramental Confession: Being in a state of grace through the Sacrament of Reconciliation.
- Reception of the Holy Eucharist.
- Prayer for the Intentions of the Holy Father (e.g., the Creed, Our Father, Hail Mary, and Glory Be).