

FAMILY OF PARISHES SCHEDULE FOR 16 JULY 2023

AUGHADOWN: Kilcoe 10 am, Lisheen 11.30 am
CASTLEHAVEN & MYROSS: Union Hall 10 am, Castlehaven 11.30 am
KILMACABEA: Glandore 10 am, Leap 12 noon
RATH & THE ISLANDS: Sherkin Sat 4.45pm, Rath 9.30am, Oileán Cléire 10 am
SKIBBEREEN (CATHEDRAL): Saturday 6.30 pm, Sunday 11.00 am.

THIS WEEK

TUES 11: St Benedict, Abbot, patron of Europe, founded monastery at Monte Cassino and wrote a wise and balanced Rule, still followed by monks today.

• *Today is Population Day (UN): this year, the world's population will hit eight billion.*

FRI 14: Bastille Day, marking the storming of that Paris prison in 1789 (French National Holiday)

Family of parishes FACEBOOK page

Find the “St Ciarán and All Saints” logo on **Facebook** and click on it. Follow the page. Every Monday the newsletters of Aughadown, Castlehaven, Skibbereen and Rath (and this page) will be uploaded there...

**NEXT SUNDAY’S READINGS
(15TH SUNDAY IN ORDINARY TIME)**

Isaiah 55:10-11: The first reading and Gospel both describe the sowing of seeds of faith and the production of a successful crop in our lives.

Romans 8:18-23: Our sufferings here can't be compared with the glory awaiting us.

Whilst every care is taken to ensure the accuracy of information in this Family of parishes Newsletter, we cannot accept any responsibility for errors or omissions [frbernard1984@gmail.com].

USEFUL CONTACT NUMBERS

Alcoholics Anonymous, West Cork: phone 087 611 4946 — alcoholicsanonymous.ie
Pieta House Free 24/7 Crisis helpline 1800 247 247 or text HELP to 51444.
St Vincent de Paul, Market St, Skibbereen — Contact Number: **087 918 2698**
Samaritans Phone 116 123 free — www.samaritans.org **Southdoc** 0818 355 999
Women against Violence Helpline 1800 203 136 — westcorkwomensproject.ie

FINANCE REPORT (for Sunday 2 July)

Aughadown €1050 **Kilmacabea** € 570
Castlehaven €1075 [& Dev. Fund €830]
Skibbereen €1,520

• **‘Diocesan Needs’ collection Sun 16 July**

POINTS TO PONDER

- *Opportunity may knock once, but temptation bangs on your front door forever.*
- *Quit griping about your church; if it was perfect, you couldn't belong.*
- *Forbidden fruits create many jams...*

FAMILY OF PARISHES INFORMATION

• Fr John Heinhold SPS Co-PP, Cathedral Presbytery, Skibbereen (Moderator)
PHONE: 028 22878

• Fr Evin O’Brien CC, Cathedral Presbytery, Skibbereen. PHONE 028 22877

• Fr Terry O’Brien, MSC Co-PP, Leap
EMAIL: kilmacabeeparish@gmail.com

• Fr Bernard Cotter Co-PP, Union Hall
TEXT or WHATSAPP: 087 901 0627

• PASTORAL ASSISTANT: Maura O’Flynn
EMAIL mmoflynn11@gmail.com

• SECRETARY: Annette Glanton, Family of Parishes Office, North St, Skibbereen
Open to the public on Mon, Wed, Thurs, & Fri. from 10 am to 1 pm, for Mass bookings, certs, etc. **Phone** 028-22828.
Email stciaranasFOP@gmail.com

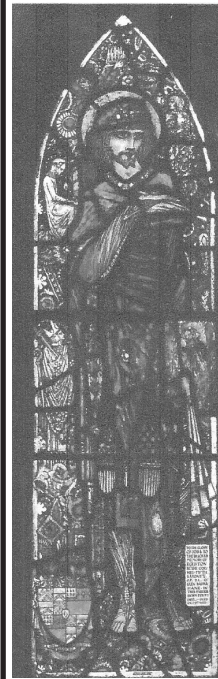


St Ciarán & All Saints
FAMILY OF PARISHES
NEWSLETTER
(for the parishes of Aughadown, Castlehaven & Myross, Kilmacabea, Rath & The Islands, and Skibbereen)

SUNDAY 9 JULY 2023 14TH ORDINARY TIME VOL 1:31

↑
Find the logo on Facebook
and FOLLOW!

VISITORS & TOURISTS: COME AND PRAY IN CASTLETOWNSHEND



Approaching the church of St Barrahan in Castletownshend, nestling as it does at the foot of the hill, always feels like a pilgrimage. A gate, almost hidden in the high wall below the church, leads to ancient stone steps – 52 of them! – which in turn lead to the church itself. Entering the church, one is immediately struck by the stillness – perhaps only mildly distracted by the wall plaques for the fallen dead of many foreign wars.

I find it hard to pray at any time, I am easily distracted. I rarely meditate. But in this sacred space I come close to achieving both.

Some years ago, while sitting quietly in a pew, I was approached by an elderly gentleman – he may have been the church warden – who asked me if I had seen the Harry Clarke window of St Luke. I hadn't, so he invited me to join him in the chancel.

I have always been an admirer of Harry Clarke's work but this miniature window of St Luke *really* impressed me, both with its colour and its detail. So I return again and again to St Barrahan's, to engage with its serenity and, yes, to pray, and perhaps, with St Luke's poetic words to guide me, to understand better the message of Jesus all of 2,000 years ago.

Pat Lemasney, Ballinlough Parish, Cork

• *St Barrahanes (C. of I) church in Castletownshend village is open daily.*



Skibbereen Parish News

Contact numbers: Parish Office 028 22828.

Priest on duty/emergency 086 785 2262.

Submitting items for inclusion in the parish newsletter – Please email Skibbereen Parish Office: skibbereeparish@gmail.com no later than 5pm Tuesday.

Mass Intentions from Saturday 8th to Sunday 16th July 2023

- Saturday – 6.30pm** - Yvonne Gilmartin, Skibbereen and Lucan
PJ Collins, Bauravilla
- Sunday – 11am** - Billy Twomey, Clounkeen, Leap
Derry and Angela O’Byrne, Coronea, Skibbereen
- Monday – 9.30am** - Daniel and Mary Collins, Knockataggert
- Tuesday – 9.30am** – Daniel Bohane, Drishanebeg
- Wednesday – 9.30am** – People of the Parish
- Thursday – 9.30am** – John Joe Murphy, Bauravilla
- Friday - 9.30am** - John Joe Murphy, Bauravilla
- Saturday – 6.30pm** - Patricia and Diarmuid White, Gortnaclohy
Vincent O’Donovan, Market Street
- Sunday – 11am** - John Joe Moynihan, Lackareagh
Maureen Spillane, Market Street

Recently Baptised: We welcome into our faith community in Skibbereen - Aydan Mairead Lennon, High Street, Skibbereen, daughter of Anthony and Gemma and Shona Diana Davis, Gortnaclohy, Skibbereen, daughter of Jonathan and Tara who were baptised in St Patrick's cathedral on 1st July.

Skibbereen Geriatric Society – we require more volunteer drivers for the Meals on Wheels service. Please contact **Linda at 086 4093114 or 028 22269.**

Your Invite to Alpha

We want to invite you to try Alpha with us on Wednesday evenings from **7.30pm - 9.00pm** starting 27th September at **7.30pm** in Clonakilty. All are welcome. Further details on Facebook page **St Ciarán and All Saints**

Inspired by Pope Francis’ prayer intention for July 2023 for a Eucharistic life

We pray that Catholics may place the Celebration of the Eucharist at the heart of their lives transforming human relationships in a very deep way and opening the encounter with God and all their brothers and sisters.

Each time we receive the Bread of Life, Jesus comes to give new meaning to our weaknesses. He reminds us that in his eyes we are more precious than we think. He tells us he is pleased if we share our weaknesses with him. He repeats to us that his mercy is not afraid of our miseries. The mercy of Jesus is not afraid of our miseries. And above all he heals us from those weaknesses that we cannot heal on our own, with love. What weaknesses? Let’s think. That of feeling resentment toward those who have done us harm - we cannot heal from this on our own; that of distancing ourselves from others and closing off within ourselves - we cannot heal from that on our own; that of feeling sorry for ourselves and complaining without finding peace; from this too, we cannot heal on our own. It is He who heals us with his presence, with his bread, with the Eucharist. The Eucharist is an effective medicine for these. The Bread of Life, in fact, heals our inflexibility and transforms it into openness. The Eucharist heals because it unites with Jesus: it makes us embrace his way of living, his openness to break himself apart and give himself to his brothers and sisters, to respond to evil with good. Jesus gives us the courage to go outside of ourselves and bend down with love toward the weakness of others, as God does with us. This is the logic of the Eucharist: we receive Jesus who loves us and heals our weakness to love others and help them in their weakness. In the Eucharist: we remember that, at the supper he gave himself as food. Then, on the cross, in his death, he became the “price”; he paid for us. And now, as he reigns in Heaven, he is our reward; we go to seek the One who awaits us.

A Hymn of Praise (A hymn by Cecil F. Alexander)

All things bright and beautiful, all creatures great and small,
All things wise and wonderful: You, Lord God, made them all. Each little flower that opens, each little bird that sings, You made their glowing colours,
You made their tiny wings. The purple headed mountains, the river running by,
The sunset and the morning that brightens up the sky. The changing of the seasons,
The pleasant summer sun, the ripe fruits in the garden, You made them every one.
The tall trees in the greenwood, the meadows where we play, the rushes by the water, to gather every day. You gave us eyes to see them, and lips that we might tell how great is God Almighty, Who has made all things well.

RATH & THE ISLANDS BALTIMORE, WEST GORK



Parish Office, Skibbereen - 028/22828 – Mon/Wed/Thurs/Fri – 10am to 1pm.

Priest on Duty/Emergency – 086/7852262

Mass Intentions

Sunday 9th July – Fourteenth Sunday in Ordinary Time

9.30am Rath – Jerome & May O’Sullivan and Jack Walsh, Bunlick, Skibbereen

10.00am Cape Clear

Monday 10th July – 10.15am Rath – Pat & Ann Marie Holland, Inishbeg

Wednesday 12th July - 10.15am Rath

Friday 14th July – 7.00pm Rath - Martina O’Brien, Bunlick – Months Mind

Saturday 15th July

4.45pm – Sherkin

Sunday 16th July – Fifteenth Sunday in Ordinary Time

9.30am Rath – Ellen & Pat Connolly, South Rath

Ellen Walsh, Old Post House, Baltimore

10.00am Cape Clear

Recently Baptised: We welcome Mia O'Driscoll, daughter of Padraig and Magdalena of Ballylinch, Baltimore into our faith community here in Rath and The Islands as she received the Sacrament of Baptism on Saturday 1st July.

Your Invite to Alpha

We want to invite you to try Alpha with us on Wednesday evenings from 7.30pm - 9.00pm starting September 27th at 7.30 pm in Clonakilty. All are welcome.

Every session begins with some food, so come along for the first evening and see what you think! Numbers are limited.

What is Alpha?

Alpha is a 10-week experience covering such topics as Who is Jesus?

Why did Jesus’ die? How does God guide us? Why and how do I pray?

Alpha is relaxed, non-threatening, low key, friendly and fun. Alpha can help you to deepen your relationship with the Lord.

What is Involved?

We begin every session by chatting with one another over food. Then we watch an interesting talk on DVD. After that we divide into groups and discuss some questions raised on the DVD.

Alpha is free - so why not come along and give it a try!

Inspired by Pope Francis’ prayer intention for July 2023:

FOR A EUCHARISTIC LIFE -

WE PRAY THAT CATHOLICS MAY PLACE THE CELEBRATION OF THE EUCHARIST AT THE HEART OF THEIR LIVES, TRANSFORMING HUMAN RELATIONSHIPS IN A VERY DEEP WAY AND OPENING TO THE ENCOUNTER WITH GOD AND ALL THEIR BROTHERS AND SISTERS.

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In the Eucharist: we remember that, at the supper he gave himself as food. Then, on the cross, in his death, he became the “price”; he paid for us. And now, as he reigns in Heaven, he is our reward; we go to seek the One who awaits us.

Eucharistic Adoration takes place every Monday and Friday from 10am to 6pm in the Adoration Chapel of the Cathedral. All are Welcome

Baltimore RNLI Ladies “Bootique” Lunch – Inishbeg Estate, Thursday 3rd August at 12.30pm. Tickets €85 – contact Ruth McSweeney 086/2698324 or Rosaleen Mackeown 086/8094814

If you have any items for inclusion in our newsletter, please submit no later than 5pm on Tuesday of each week to the Parish Office, North Street, Skibbereen or email skibbereeparish@gmail.com