MASSES ON NEXT SUNDAY 2 APRIL (PALM SUNDAY) SATURDAY VIGIL MASS 6.30 PM Skibbereen (1 April), [4.45 pm Sherkin]. SUNDAY 9.30 AM MASS: Rath Parish Church. SUNDAY 10 AM MASS: Glandore, Kilcoe, Oileán Cléire & Union Hall. SUNDAY 11 AM: Skibbereen. Sunday 11.30 AM: Castlehaven & Lisheen SUNDAY 12 NOON MASS: Leap Parish Church.

THINGS TO DO FOR LENT

— Try something new every day — DAY 29 (MON 27) Don't talk about yourself today, but listen....

DAY 30 (TUES 28) Keep the speed limit DAY 31 (WED 29) Pray your favourite prayer, and your least favourite. DAY 32 (THURS 30) No sugar today Day 33 (Fri 31) Turn off screens an hour before you go to bed. Day 34 (Sat April 1st) On April Fools' day, make someone laugh!

NEXT SUNDAY'S READINGS **Palm Sunday ISAIAH 50:4-7** — Describes someone putting up with a lot of suffering. Our tradition applies these lines to Jesus. **PHILIPPIANS 2:6-11** — In this ancient hymn to Christ, we are taught that Jesus achieved glory through suffering. **MATTHEW 26:14 TO 27:66** — This year, the Gospel of the Passion of Jesus is the version recorded by Saint Matthew. It's

The Family of Parishes Newsletter is published at the Cathedral Presbytery, Skibbereen, by a team representing the parishes, with Fr Bernard Co-PP as overall Editor (frbernard1984@gmail.com).

Whilst every care is taken to ensure the accuracy of information, we cannot accept any responsibility for errors or omissions.

USEFUL CONTACT NUMBERS

clear from it that Matthew believed the Jews were to blame for the death of the Messiah. However the Church does not hold the Jewish people of today in any way responsible for Jesus' death.

• **REMINDER**: Fr John leads the Lenten Penitential Service for our Family of parishes this Monday, 27 March at 7pm in St Patrick's Cathedral, Skibbereen.

FAMILY OF PARISHES INFORMATION
Fr John Heinhold SPS Co-PP, Cathedral Presbytery, Skibbereen (Moderator)
PHONE: 028 22878
Fr Evin O'Brien CC, Cathedral Presbytery, Skibbereen. PHONE 028 22877
Fr Terry O'Brien, MSC Co-PP, Leap
PHONE 028 33177.
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• Fr Bernard Cotter Co-PP, Union Hall Text / WhatsApp: 087 901 0627

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Office open Mon, Wed, Thurs, and Fri. from 10 am to 1 pm for Mass bookings, baptismal certs, etc. Phone 028 22828. **Email** skibbereenparish@gmail.com

Alcoholics Anonymous, West Cork: phone 087 611 4946 — alcoholicsanonymous.ie Pieta House Free 24/7 Crisis helpline 1800 247 247 or text HELP to 51444. St Vincent de Paul, Market St, Skibbereen — Contact Number: 087 918 2698 Samaritans Phone 116 123 free — www.samaritans.org Southdoc 0818 355 999 Women against Violence Helpline 1800 203 136 — westcorkwomensproject.ie



EXPERIENCE THE HOLY LAND WITHOUT LEAVING IRELAND

M any of us never have the chance to travel to the Holy Land and physically walk in the footsteps of Jesus. However, every year we get the opportunity to travel that final journey with Jesus. How? By attending the Paschal Triduum. The Triduum is one ritual celebrated over three days.

On Holy Thursday, the Mass of the Lord's Supper marks the Last Supper that Jesus had with his disciples, where he also showed them what it means to serve by washing their feet. After Mass we can spend some quiet time with Jesus in the Garden of Gethsemane.

On Good Friday we read the account of Jesus' passion and death and we pray with and venerate a cross. We pray the Stations of the Cross where we walk with Jesus to Calvary and feel the utter desolation of his death on the Cross.

At nightfall on the Saturday, for the Easter Vigil, we build a fire outside the church building from which we light the new Paschal Candle. This candle symbolises for us the light of Christ, which we follow in the dark into the church. We hear the words *Lumen Christi* [The Light of Christ] and our own candles are lit. The Gospel proclaims: "Christ is risen." Our wait is over.

The Triduum offers us a way of walking with Jesus in his final days and being part of the great joy of his Resurrection. We don't have to book a ticket; we just have to travel to our local church. Let's make the most of the opportunity.

> Maura O'Flynn [CATECHIST] Pastoral Assistant

EASTER TRIDUUM 2023

Holy Thursday (Thurs 6 April): Evening Mass in your parishGood Friday (Friday 7 April): Celebration of the Lord's Passion in your parishSaturday night (8 April): EASTER VIGIL, 9pm (Cathedral), one celebration forAughadown, Castlehaven & Myross, Kilmacabea, Rath & Islands and Skibbereen parishes.



Skibbereen Parish News

Contact numbers: Parish Office 028 22828

Priest on duty/emergency086 785 2262Submitting items for inclusion in the parish newsletter – Please email SkibbereenParish Office: skibbereenparish@gmail.com no later than 5pm Tuesday.

Mass Intentions from Saturday 25th March to Sunday 02nd April 2023

Saturday – 6.30pm –	Jim McCullagh, Mill Road
	Jerome Hurley, Coolnagurrane
Sunday – 11.00am -	Eileen and Cornelius Harrington, Gortnaclohy
	Mary McCarthy, Lissalohorig
	Breda Forde, The Moorings, Skibbereen, Month's Mind
Monday - 9.30am –	Margaret Bohane, Drishanebeg and Patrick Bohane,
	Drishanebeg
Tuesday – 9.30am -	Michael Collins, formerly of Castlehaven
Wednesday – 9.30am -	Missa Pro Populo/People of the Parish
Thursday – 9.30am -	Mary O'Driscoll, Rea
Friday – 9.30am -	Dan and Annie O'Regan, Drinagh
Saturday – 6.30pm –	Sadie Walsh, High Street
`	Teresa O'Donovan and Patricia and Irene Herlihy,
	Derrylugga
	Josephine Griffin, Cork Road, Month's Mind
Sunday – 11.00am –	Pat Joe O'Neill, Kilnaclasha and Paddy O'Neill, Upper
	Bridge Street
	Catherine O'Brien, Mardyke Street also her brother
	Liam and sister Margaret

For the past few weeks, we have been looking at the three Lenten actions of Prayer, Fasting and Almsgiving. We have already reflected on Prayer and Fasting. This week let us look at the final one, **Almsgiving**. Almsgiving can often be the most forgotten action of Lent. As I mentioned last week fasting can preoccupy us in Lent as it is to do with what we're giving up. On the other hand, almsgiving requires us to look outside ourselves and give to others. Almsgiving isn't just about money. It involves sharing our time, talent, and treasure with others. We can give by spending time with a lonely neighbour or by giving a financial gift to a charity of our choice. All of these require some sort of sacrifice. You may ask, why should we give alms? Now that we have been praying and fasting throughout Lent, our faith has grown and we're getting to know God more. The more we come to know God, the more we become like Him. Because God is love, we come to know what true love is by getting to

know God, and becoming more like Him will make us more loving, thoughtful, and generous. Naturally, we'll want to extend His love and mercy with those around us, which results in almsgiving. Giving alms can be as simple as putting those coins into the Trócaire Box, or the money we did not spend - give it to your chosen charity. It could be as simple as sending a note or a nice text to someone you love, or as grand as giving a gift card to someone in need. It may be using your talents, joining the choir, or taking up one of our ministries in church. No matter what your approach is, get creative with how you give alms and remember to do little things with great love.

Lenten Penitential Service for the Family of Parishes will be held in St. Patrick's Cathedral, Skibbereen on Monday 27th March at 7pm. All are welcome.

Scripture Studies – using Matthew's Gospel continue every Tuesday at 7.30pm in the Presbytery, North Street. All are welcome.

Eucharistic Adoration takes place every **Monday and Friday from 10am to 6pm** in the Adoration Chapel of the Cathedral. All are welcome.

The Stations of the Cross will be held in St. Patrick's Cathedral every Friday during the Season of Lent at 6.30pm. All are welcome.

The Special Collection for Turkey and Syria which was taken up last weekend was just beyond expectations: Aughadown, Rath and The Islands and Skibbereen total was $\in 6,120.00$. Congratulations everyone.

On Sunday 2nd April Bishop Fintan Gavin will visit St. Patrick's Cathedral for Mass and to present the John Paul II awards to the five young people who have achieved Gold Awards! That is Parish involvement – one hour per week for 20 weeks and Social Awareness – one hour per week for 20 weeks + Reflection on their achievements. Congratulations.

In preparation for the **12 noon Stations of the Cross on Good Friday** in St. Patrick's Cathedral we are very happy to welcome back again the Children's presentation of the Way of the Cross. We are encouraging children to participate by inviting them to register now and come along to a practice at **3.30pm on Monday** 3^{rd} April (Holy Week). Register now by emailing the parish office, skibbereenparish@gmail.com or contact Cliodhna O'Sullivan.

Collectors and Counters needed: We are seeking volunteers who are willing to join our existing group with the offertory collections at Mass, along with counting and banking the offering. Please contact the Parish Office as soon as possible.

Self Help Africa, Market Street, urgently require donations of men's and women's clothing and bric-a-brac for sale. Please take donations to the shop between 10am and 5pm Monday to Saturday. Thank you for your help.

RATH & THE ISLANDS BALTIMORE, WEST GORK

Parish Office, Skibbereen - 028/22828 – Mon/Wed/Thurs/Fri – 10am to 1pm.
Priest on Duty/Emergency – 086/7852262
Mass Intentions
Sunday 26th March – Fifth Sunday of Lent
9.30am Rath – Kathleen & John Joe O'Driscoll, Ballymacrown
10.00am Cape Clear - Special Intention
Monday 27th March – 10.15am Rath – Special Intention
Tuesday 28th March – 7.30pm – Spring Station Mass for Rath Station Areas
Wednesday 29th March - 10.15am Rath – Special Intention
Friday 31st March - 9.30am Rath – Special Intention
Saturday 1st April – 4.45pm Sherkin - Special Intention
9.30am Rath – Special Intention
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Report on March Parish Pastoral Council Meeting:

The meeting opened with a presentation from Fr John on the 'Lent'. Items discussed included:

Easter Ceremonies:

Holy Thursday: Mass of the Last Supper at 7:30pm. Representatives from the different groups who look after our church will be chosen to take part in the washing of the feet.

Good Friday: Stations of the Cross will take place at 12 noon and will be led by the laity. Celebration of the Lord's Passion will take place at 3pm.

Holy Saturday: The only Easter Vigil in the Family of Parishes will be at St Patrick's Cathedral, Skibbereen – it is hoped that all parishes will be represented.

Music: We are looking for a panel of people who will take responsibility for leading this singing. If you are interested in helping out please contact Maeve Devlin (mary.maeve.devlin@gmail.com or 086 365 6054)

Lenten Penitential Service for the Family of Parishes will be held in St. Patrick's Cathedral, Skibbereen on Monday 27th March at 7pm. All are Welcome

Spring Station Mass for all Rath Station Areas will take place on Tuesday 28th March 2023 at 7:30pm in the Sacred Heart Church, Rath. All station areas are invited to attend. The mass will be offered for your intentions. The Spring Station Envelopes will be available in the porches of the church from this weekend.

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Charity Walk - for Motor Neurone Disease will be held on the 2nd of April at 2.30pm from Baltimore Sailing Club to Spain Tower, Baltimore.

If you have any items for inclusion in our newsletter, please submit no later than 5pm on Tuesday of each week to the Parish Office, North Street, Skibbereen or email skibbereenparish@gmail.com